

12 Life Saving Rules

1. Work with a valid work permit where required



2. Conduct gas tests when required

3. Verify isolation before work begins and use the specified life protecting equipment



4. Obtain authorization before entering a confined space

5. Obtain authorization before overriding or disabling safety critical equipment



6. Protect yourself against a fall when working at height

7. Do not walk under a suspended load



8. Do not smoke outside designated smoking areas

9. No alcohol or drugs while working or driving



10. While driving, do not use your phone and do not exceed speed limits

11. Wear your seat belt



12. Follow prescribed Journey Management Plan